

Counselors' Quarterly Newsletter

Volume 1

2008-2009

Seniors 2009

The class of 2009 is on their way to the next level. Whatever they choose post secondary we have provided the resources to assist them in this process. Be it College, Trade School, military or work, information has been conveyed.

August/September Counselors met with seniors in small groups to review:

- the college application process
- post secondary options
- tools in preparing for these plans

Seniors worked diligently to improve grades, complete applications and meet deadlines.

Counselors are having on going individual meetings with seniors in jeopardy and to finalize graduation plans with others. Correspondence was mailed out in January to inform parents of students with any graduation concerns.

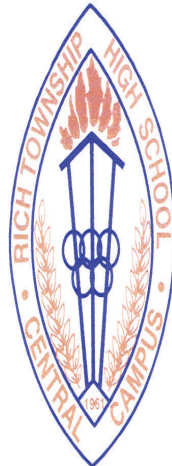
We are proud to report that seniors have been accepted to many colleges and universities across the country and thus far have received approximately **2.2million dollars in scholarships**. Of course we are expecting that number to increase. We encourage students to turn in any scholarship award letters to their counselor.

ISAC Rep facilitated a successful

**Financial Aid Night on December 10, 2009 &
Financial Aid Application Completion Workshop
January 21, 2009**

Olympians had the opportunity to meet with
the following Colleges and Universities:

Blackburn College
Chicago State University
Grinnell College
Dartmouth College
Morehouse College
Bradley University
University of Illinois
U of I Springfield
Southern Illinois University Edwardsville
Clark Atlanta University



Juniors 2010

Counselors met with juniors to discuss the importance of the ACT and PSAE.

We also reviewed and explained College Readiness Benchmarks and acceptable scores for different types of college admission.

It is highly recommended that Juniors begin post secondary research. They should be visiting colleges and going on tours if possible.

Our juniors survived the first two practice tests of the ACT. Test preparation is moving full throttle. The Associate Principal of Operations and the counseling department has met with those juniors who are just a few points away from making the mark necessary to be successful on the ACT. Counselors have provided national ACT information for those third year students who are ineligible to take the PSAE/ACT April 22nd and 23rd.

A Fabulous Opportunity at Prairie State College

Juniors with a 2.5 cumulative G.P.A. or higher qualify to take a free class at Prairie State College. For more information please contact your counselor.

Prairie State College
Universal Technical Institute
Illinois Institute of Technology
Knox College
South Carolina State University
Central State University
Howard University
University of Chicago
Spelman College
Tougaloo College

Sophomores 2011

Freshmen 2012

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New to the RC Counseling Curriculum: During Sophomore year we emphasis Career Research. First semester sophomores began an exciting activity. They completed the initial phase of the Holland Code Personality Type Indicator. Students will match their results with possible career interests.

Sophomores are also encouraged to take advantage of **Summer Academic Programs**. These programs will not only prepare students for the next phase of their academic and extracurricular lives, but will make them competitive candidates during the college application process.

Colleges and Universities offer summer programs as well as **Academic Talent Search Programs**. This information can be found on the web or by checking with the Guidance Office

Sophomores should also get a jump start on the **ACT**. Although the test will not count until junior year, it is wise to take it before then not only to experience what is expected, but to aide in expelling any potential fears or anxiety the test may bring.

Let's Be Proactive!!

***Rich Central High School
Graduation Ceremony
Tinley Park Convention Center
Sunday, May 17, 2009 at 5p.m.
Students will be given 6 tickets***

The Academy held their first Freshman Symposium in January. Professionals from various careers gave presentations to the freshman class in the name of **Education and Career Awareness**.

The Freshman Counselor is holding on going group and individual meetings and staying on top of academic interventions. Weekly team meetings are also attended by the Freshman Counselor. **Next on the Curriculum: The 4-Year Plan**

The Class of 2012 has made a successful transition. Many freshmen made gold, silver and bronze honor roll. Students were rewarded by attending Rich City Skate and a movie day with popcorn in the Little Theatre.

Regular class meetings are being held to remind our Rookies of behavioral and academic expectations. **Keep Up the Good Work Freshmen!!**

